

Life Care Pharma *introduces*

Ovum Fertil

Tablet

**Vitex, Red clover, Ginseng Root, L-arginine with Multivitamins,
Multimineral with natural extracts tablet**



Ingredients	Per serving / Per Unit	% RDA
1. Vitex Agnus Castus (Chaste Tree Berry)	100 mg	**
2. Red Clover Extract	60 mg	**
3. Ginseng Root Extract	60 mg	**
4. L-Arginine	30 mg	**
5. Vitamin A	3000 IU	90%
7. Vitamin B12	1000 mcg	40000%
8. Vitamin C	160 mg	200%
9. Vitamin E	200 IU	1330%
10. Vitamin B6	10 mg	417%
11. Vitamin B2	6 mg	240%
12. Vitamin B3	40 mg	222%
13. Vitamin B1	10 mg	556%
14. Inositol	220 mg	**
15. Vitamin D3	400 IU	67%
16. Zinc Sulphate	20 mg	152%
17. Iron as Ferrous Fumarate	20 mg	68%
18. Manganese Sulphate	3 mg	75%
19. Folic Acid	6 mg	2000%
20. Copper Sulphate	1200 mcg	60%
21. Chromium	100 mcg	200%
22. Selenium	220 mcg	550%
23. Potassium Iodide	120 mcg	0.003%

The most common overall cause of female infertility is the failure to ovulate,

It's almost 40%

Ovum Fertil Increase ovum count & quality for healthy pregnancy

Ovum Fertil

- Ensure hormone balance and pregnancy
- Increase ovarian follicle and sex hormones
- Enhance egg production, ovulation & fetal development
- Assures pregnancy of PCOS women
- Produce quality cervical mucous
- Reduces PMS Symptoms
- Ensure implantation and pregnancy



Vitex: Researchers believe that vitex works by decreasing levels of the hormone prolactin. This helps rebalance other hormones, including estrogen and progesterone. Vitex helps to become pregnant. It also reduces PMS symptoms, irritability, mood swings, headaches, breast fullness and mastalgia.

PCOS woman have too much prolactin, which inhibit fertility, Prolactin has an ovulation-inhibiting effect, so less prolactin is better ovulation. Vitex has shown to support progesterone production and suppress excess prolactin.



Red Clover:

A healthy women vaginal pH level is 3.8-4.5(pH<7=Acid, pH>7=Alkali).In Ovulation Period,A women like to have a higher pH, mostly between 7-14.For proper conception it's more important to make sure that the vaginal healthy pH level is 9-14.

Red clover is also known to aid the thinning of mucus and increasing blood flow, which can also be a cause of infertility at times. Red clover regulates the levels of estrogen and promote hormonal balance, which may influence both ovulation and fetal development & increasing the chances of fertility.

According to fertility experts, the estrogen surge resulting from the use of red clover assists in follicle and egg production, preparing the body for ovulation. Red clover washing out harmful teratogens from the body which can prevent a healthy pregnancy. They help to relax the reproductive organs, increasing the chances of pregnancy.



Ginseng:

Research has shown that ginseng extract, due to its high antioxidant properties increases the number of ovarian follicles, and subsequently increases sex hormones. Ginseng has been shown to help regulate hormones in women, which can improve reproductive health. It can increase estrogen levels in perimenopausal women and help balance testosterone levels in women with polycystic ovarian syndrome (PCOS).



L-arginine:

The regulatory role of NO during the period of folliculogenesis, oocyte maturation, fertilization, embryogenesis, implantation, placentation, pregnancy. The L-arginine-NO system plays a crucial role in all stages of female reproduction. It may promote cervical mucous by supporting the production of Nitric Oxide. Nitric Oxide dilates blood vessel and helps to increase blood flow to the uterus, ovaries and genital. Thick cervical mucus make hard to sperm travel. L-arginine help to create light egg and white cervical mucous.

Dosage Guideline: 1Tablet twice a day after meal for 3 to 6 months

How Supplied : Each box contains (3*10) 30 tablets in blister strip.

Ref:

Vitex:Upchurch DM, Chyu L, Greendale GA, Utts J, Bair YA, Zhang G, Gold EB.Complementary and alternative medicine use among American wom-en: findings from The National Health Interview Survey, 2002.J Women's Health (Larchmt) 2007; 16: 102-113.

Red Clover: Danzod BJ. The effects of environmental hormones on reproduction. Cell Mol Life Sci 1998;54:1249-64. [PubMed: 9849617].

L-Arginin: Furchgott, R.F.; Zawadzki, J.V. The obligatory role of endothelial cells in the relaxation of arterial smooth muscle by acetylcholine.Nature 1980, 288, 373-376. [CrossRef] [PubMed]

Ginseng: Mascarenhas MN, Flaxman SR, Boerma T, VanderpoeIS, Stevens GA. National, regional, and global trends ininfertility prevalence since 1990: a systematic analysisof 277 health surveys. <http://dx.doi.org/10.1371/journal.pmed.1001356>. Int J Androl

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