



Coenzyme Q 10:

Coenzyme Q 10 boost sperm health. Sperm motility is dependent upon the production of ATP. Coenzyme. Q 10 could enhance the ability of sperm to produce ATP as an energy source which allow better sperm mobility. It is present in seminal fluid and its concentration has a direct impact on sperm count and motility.

Tribulus Terrestris:

Produce testosterone, Improve sex drive Increase sperm count, improve sperm motility & promote sperm viability

L-Arginine:

Increase sperm count and quality. Relaxes the muscle in the penis, raising the blood flow which help to erection, size and hardness.

L-carnitine:

Analysis showed that carnitines significantly improve total sperm motility, progressive sperm motility and sperm morphology.Plays important role in sperm development and maturation.

Maca Root:

Increase libido, seminal volume, sperm count per ejaculation and sperm motility.

Penax Ginseng:

Increase sexual function & performance, Develop sperm health
Improve sperm movement & motility

Omega- 3:

This meta-analysis indicates that supplementing infertile men with omega-3 fatty acids resulted in a significant improvement in sperm motility and concentration of DHA in seminal plasma.

Folic Acid :

Folic acid can help with erectile dysfunction and it could potentially boost sperm count & improves semen

Dosage: 1 Tablet twice a day before or after meal for 3 to 6 months.

References:

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L-Arginin: Scibona M,Mechini P,Capparelli S,et al.L-arginin and male infertility.Minerva Urol Nefrol 1994;46:251-3.

L-Carnitine:Moncada ML,Vicari E,Cimino C,et al.Effect of acetylcarnitine treatmentin oligoasthenospermic patients.Acta Europaea Fertilitatia 1992;23:221-4.

Maca Root:Gonzales GF,Cordova A,Vega K,Chung A, Villena A, Gonez C & Castillo S(2002)."Effect of Epidium meyenii(maca) on sexualb desire and it's absent relationship with serum testosterone levels in adult healthy men",, Andrologia 34(6):367-72.doi:10.1046/j.1439-0272.2002.00519.PMID 12472620.

Penax Ginseng:Mascarenhas MN, Flaxman SR, Boerma T, VanderpoelS, Stevens GA. National, regional, and global trends ininfertility prevalence since 1990: a systematic analysisof 277 health surveys. http://dx.doi.org/10.1371/journal.pmed.1001356. Int J Androl 1978;1:576-81.

Omega-3:Jstrnjimenez Oct 24th 2010-Elexia is a product that claims to enhance men's performances in bed by improving sexual desire and stamina as well as erectile function. It claims to do these through by improving the erectile functions physiologic.

Mfg by:



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